

## Soft Shell Chilli Crab



**eikon® e2s**

**01:05**

This recipe is available for:

- eikon® e1s
- eikon® e2s HP (2000W)

Accessories:

e1s/e2s Full Size Cooking Tray 32Z4080 (Black), 32Z4100 (Red), 32Z4093 (Green), 32Z4101 (Blue)

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- 275 °C
- Chilled 4°C
- 1 Portion
- From Raw

	Stage 1	Stage 2
	Place the Crab & Bun	Remove the Bun
	00:45	00:20
	80 %	100 %
	65 %	0 %

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### Ingredients

- 1 pcs Soft Shell Crab
- 1 pcs Chinese Mini Bun FROZEN
- 1 pcs Baking / Oil Spray
- 1 pinch Salt & Pepper
- 2 tbs Chilli Crab Sauce
- 1 tbs Pea Sprouts
- 1 tsp Peanuts, roasted & ground

### 1. Food Preparation

Season the crab with salt and pepper. Spray the crab with the oil and place it together with the frozen bun on the tray.

### 2. Cooking Instruction

Cook as per oven profile.

### 3. Food Serving Instruction

Remove the cooked food from the tray and serve. Garnish with the remaining ingredients.