

Omelette



eikon® e4s

01:45

This recipe is available for:

- eikon® e2s HP (2000W)
- eikon® e1s
- eikon® e4s

Accessories:

16oz. Ceramic Dish

P
R
O
F
I
L
E

- 275 °C
- Chilled 4°C
- 1 Portion
- From Raw

Stage 1

- 00:25
- 20 %
- 85 %

Stage 2

- 01:20
- 20 %
- 80 %

R
E
C
I
P
E

Ingredients

- 14.17 g Red Bell Pepper
- 14.17 g Red Onion
- 14.17 g Precooked Sausage
- 118.29 ml Liquid Eggs, raw
- 14.17 g Shredded Cheddar Cheese
- 1 pinch Kosher Salt
- 1 pinch Fresh cracked Black Pepper
- 1 tbs Butter melted

1. Food Preparation

Clean and dice vegetables and sausage to a fine dice and reserve. Spread the melted butter in the ceramic dish. Season eggs with salt and pepper. Combine eggs, vegetables and sausage in ceramic dish, top with shredded cheese.

2. Cooking Instruction

Cook as per oven profile.

3. Food Serving Instruction

Remove the cooked food from the ceramic dish and serve.