

Chicken Breast without skin



eikon® e5

03:00

This recipe is available for:

- eikon® e4
- eikon® e2s SP (1000W)
- eikon® e2s HP (2000W)
- eikon® e3
- eikon® e5
- eikon® e1s

Accessories:

e5 Enamel Baking/Roasting Tray P40C1423 (Black), P40C1151 (Green), P40C1157 (Blue)

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- 250 °C
- Chilled 4°C
- 1 Piece
- From Raw

Stage 1

- 01:30
- High
- 60 %

Stage 2

Turn the Chicken Breast Over

- 01:30
- High
- 60 %

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Ingredients

140 g Chicken Breast

1. Food Preparation
Place them on the hot tray.
2. Cooking Instruction
Cook as per oven profile.
3. Food Serving Instruction
Remove the cooked food from the tray and serve.